



Enjoy our experience with a driver/guide to take you to special destinations that reveal the real and traditional Portugal, one hundred carefully selected routes to offer you an unforgettable day.

Explore nosso Universo

Route Minho
Conventual
Sweets
Ref. 25402

Sweets



In the region connecting Braga, Guimarães, Arcos de Valdevez, and Esposende, conventual sweets represent a true legacy of faith, history, and flavor. Each delicacy reveals the ancestral knowledge of the nuns who, within the silent walls of monasteries, created wonders such as Pudim Abade de Priscos, Jesuítas, Charutos dos Arcos, and Clarinhas de Fão. On this sweet journey through the Minho, traditions take shape in puff pastry, almonds, and eggs, preserving centuries-old recipes with authenticity and devotion. It is a sensory and cultural experience where each bite tells the story of a convent, a time, and a unique region.



Here is what we offer in this program; it is just a suggestion. Although some tours may not be available on certain days, there may be other alternatives within the scope of the program theme, ensuring if necessary an alternative, always the best experience during your visit.

Description

This 10-hour circular tour departs from Porto and takes visitors to discover some of the sweetest traditions of northern Portugal, focusing on convent and regional sweets, passing through Braga, Guimarães, Arcos de Valdevez, and Esposende, before returning to the starting point. It's a journey through flavor, history, and spirituality preserved in each recipe.

The first stop is in Braga, a city with a strong religious heritage. Highlights include the sweets of São Vicente, the yolk cakes, and the "tíbias de Braga" (Braga tibias), many inspired by ancient convent recipes linked to the Tibães Monastery.

The pastry shops in the historic center offer a delicious variety to enjoy with a coffee near the Cathedral. Next comes Guimarães, the birthplace of the nation and also home to sweets such as the Guimarães tarts, made with chila and almonds, and the traditional toucinho-do-céu. These are legacies of the ancient women's convents that marked the city.

The journey continues towards Arcos de Valdevez, where Arcos cigars and sweet roscas delight visitors. These sweets reflect the homegrown tradition and the artisanal care passed down through generations.

The last stop before the return is Esposende, a coastal town where the sea and sweets intersect. Here, the highlights are the fidalguinhos, small traditional dry cakes served with Port wine or tea.

The return to Porto concludes a sweet day, where each town revealed a bit of its history through sugar, almonds, eggs, and memories.

Region



The regions of Braga, Guimarães, and Santo Tirso, in northern Portugal, are cradles of history, faith, and tradition. Braga, known as the "city of archbishops," stands out with the Sanctuary of Bom Jesus and its vibrant cultural life. Guimarães, the "birthplace of the nation," preserves a historic center classified as a UNESCO World Heritage Site and the iconic Guimarães Castle. Santo Tirso blends nature and spirituality, with centuries-old monasteries and the serene landscapes of Mount Nossa Senhora da Assunção. Local culture is revealed through religious festivals, traditional cuisine, and crafts that express centuries of identity and regional pride.

Route

PORTO
BRAGA
GUIMARÃES
ARCOS VALDEVEZ
ESPOSENDE
PORTO

- Aprox. 250 km
- 10h trip
Departure from Hotel
8am Estimated Arrival
6pm at Hotel

Price

Price per person:

394€ For 1 person
213€ For 2 people
158€ For 3 people

FOR GROUPS WITH
MORE THAN 4 PEOPLE
PLEASE CONSULT

Prices refer only to transport with a private guide, meals and drinks are not included, please consult the booking conditions on the website

BRAGA

Doçaria Cruz de Pedra (também Sàbiã)
Sweets:

Pudim Abade de Priscos,
Pastel dos Remédios,
Fidalguinhos, Toucinho do Céu, Viúvas, Suspiros



GUIMARÃES

Pastelaria Clarinha Guimarães
Sweets:

Jesuítas (triângulos folhados com glacê), Tortas de Guimarães, Toucinho do Céu, Beijinhos da Clarinha



ARCOS VALDEVEZ

Doçaria Central / Pastelaria Prestígio
Sweets:

Charutos dos Arcos (massa fina enrolada com pasta de ovos e amêndoa), variantes com raspa de laranja



ESPOSENDE

Pastelaria Clarinhas FÃO - ESPOSENDE
Sweets:

Clarinhas de Fão (massa folhada ultrafina, doce de gila e ovo) - original do Séc.XIX



Booking

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