



Explore nosso Universo

Monasteries Itinerary Mosteiro S.João Tarouca Taouca Ref. 25437

Enjoy our experience with a driver/guide to take you to special destinations that reveal the real and traditional Portugal, one hundred carefully selected routes to offer you an unforgettable day.



Here is what we offer in this program; it is just a suggestion. Although some tours may not be available on certain days, there may be other alternatives within the scope of the program theme, ensuring if necessary an alternative, always the best experience during your visit.

Description

This 10-hour circular tour, departing and arriving in Porto, offers an immersion in the history and religious heritage of Portugal's northern interior, focusing on the majestic Monastery of São João de Tarouca. The journey offers an experience rich in spirituality, art, and architecture, along a route that crosses valleys, mountains, and centuries-old traditions, ideal for lovers of cultural and monumental tourism. Departure from Porto is scheduled for 8:00 a.m., heading for Tarouca, a journey of approximately 1 hour and 45 minutes by motorway (approximately 130 km).

The first and main stop is the Monastery of São João de Tarouca, founded in 1154, the first male monastery of the Cistercian Order in Portuguese territory. Nestled in a verdant valley, it stands out for its Romanesque-Gothic church, ruins of the cloister, the tomb of the Count of Barcelos, and a modern interpretive center that enriches the visit. The site reveals the importance of Cistercian monks in the spiritual, agricultural, and cultural development of the region. After the visit, lunch is recommended at a typical Tarouca restaurant, where you can enjoy traditional dishes such as roast kid or trout from the Varosa River. The local cuisine complements the historical richness with authentic flavors.

In the afternoon, the tour continues to the Monastery of Santa Maria de Salzedas, just a few minutes away. Founded also in the 12th century, this Cistercian women's monastery stands out for its monumental dimensions, gilded carvings, tiles, and a serene atmosphere.

The last stop is at the Fortified Bridge of Ucanha, a medieval construction over the Varosa River, a unique example of defensive and fiscal architecture in the country, which complements the tour with a civil and military component. The return to Porto takes place in the late afternoon, with an estimated arrival time around 6:00 pm, concluding a full day of discovery, contemplation, and appreciation of Portuguese heritage.

Restaurante O Solar Tarouca

The O Solar restaurant, in Tarouca, offers a traditional dining experience with panoramic views of the Santa Helena mountains. Known for its grilled dishes, stuffed trout, and regional dishes, it combines authentic flavors with a cozy and spacious atmosphere. Ideal for meals with family or groups, it stands out for the quality of its food and friendly service.



Region



The Tarouca and Lamego region stands out for its wealth of monuments, deeply linked to Portugal's medieval and religious history.

The Monastery of São João de Tarouca, the first of the Cistercian Order in the country, impresses with its sobriety and historical value. Nearby, the Monastery of Santa Maria de Salzedas displays the grandeur of Cistercian architecture and sacred heritage.

In Lamego, the castle stands proudly, preserving centuries of history and offering breathtaking views. These three monuments form an essential cultural and spiritual triangle for those who wish to experience the heritage of the Southern Douro in depth and authenticity.

Trip

PORTO
TAROUCA
PORTO

- Aprox. 270 km

- 10h de Trip

Departure from Hotel
8am Estimated Arrival
6pm at Hotel

Price

Price per
Person:

394€ For 1 Person
213€ For 2 People
158€ For 3 People

FOR GROUPS WITH
MORE THAN 4 PEOPLE
PLEASE CONSULT US

Prices refer only to transport with a private guide, meals and drinks are not included, please consult the booking conditions on the website

Booking

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Restaurante Casa da Rua Lamego

The Casa da Rua restaurant in Lamego is a welcoming and sophisticated space that celebrates traditional Portuguese cuisine with a contemporary twist. Recognized for the excellence of its dishes and attentive service, it offers authentic Douro flavors in an elegant setting. Ideal for a memorable meal in the historic heart of the city, it combines tradition, creativity, and regional charm.

