



Enjoy our experience with a driver/guide to take you to special destinations that reveal the real and traditional Portugal, one hundred carefully selected routes to offer you an unforgettable day.

Explore nosso Universo

Route Dist. Porto
 Conventual
 Sweets
 Ref. 25401

Sweets



Each sweet is a capsule of history and devotion, where sugar, eggs, and almonds are transformed into living legacies of monastic tradition. This gastronomic route takes you through the unique flavors of Arouca, with its creamy Barriga de Freira; Resende, known for its crisp, wood-fired Cavacas; Amarante, home to the delicate Lérias and Brisas do Tâmega; and Santo Tirso, land of the iconic Jesuítas. A sweet and cultural journey through Northern Portugal that brings together heritage, landscape, and memory at the table, perfect for those who wish to taste the soul of conventual cuisine in the region surrounding the city of Porto.



Region



The region encompassing Arouca, Resende, Amarante, and Vila Real in northern Portugal is rich in traditions, history, and breathtaking landscapes. Arouca captivates with its Geopark and the Paiva Walkways. Resende is renowned for its cherries and traditional festivals. Amarante stands out for its baroque architecture, such as the Church of São Gonçalo, and its convent sweets. Vila Real enchants with the majestic Mateus Palace and the Alvão Mountain Range. The entire region is characterized by mountains, rivers, and picturesque villages, along with a cultural heritage that shines through in its cuisine, handicrafts, and the warm hospitality of its people.

Here is what we offer in this program; it is just a suggestion. Although some tours may not be available on certain days, there may be other alternatives within the scope of the program theme, ensuring if necessary an alternative, always the best experience during your visit.

Description

This 10-hour circular tour departs from Porto and takes travelers through some of the most emblematic towns in northern Portugal when it comes to convent and traditional sweets. Stopping at Arouca, Amarante, and Santo Tirso, this route offers an authentic journey through the flavors left behind by the region's ancient monasteries and convents. The first stop is in Arouca, where convent sweets take center stage. Sweets such as sweet chestnuts, almond cigars, nun's bellies, and the famous sweet black pudding originated in the Arouca Monastery and are still produced today by hand, keeping the monastic tradition alive. Following the route, the next stop is Amarante, a city connected to the Convent of Santa Clara, birthplace of the iconic papos de anjo, lérias, rolos, and brisas do Tâmega. The pastry shops in the historic center, next to the Church of São Gonçalo and the bridge over the river, are a must-see to sample these true works of art in sugar and yolk. The third stop is in Santo Tirso, home to the famous Jesuit pastries, crispy on the outside and soft on the inside, created in the former Singeverga Convent. Here, the itinerary can include a coffee break and a sweet treat, celebrating another expression of northern convent sweets. The return to Porto concludes a sweet and cultural day, where each location revealed a piece of Portuguese convent history through its unique and welcoming flavors.

Route

PORTO
 AROUCA
 AMARANTE
 SANTO TIRSO
 PORTO
 - Aprox. 190 km
 - 8h trip

Departure from Hotel
 8am Estimated Arrival
 4pm at Hotel

Price

Price per person:
 365€ For 1 person
 195€ For 2 people
 165€ For 3 people

FOR GROUPS WITH MORE THAN 4 PEOPLE PLEASE CONSULT

Prices refer only to transport with a private guide, meals and drinks are not included, please consult the booking conditions on the website

AROUCA

Loja dos Doces Conventuais Arouca
 Sweets:

Barriga de Freira,
 Charutos de Amêndoa,
 Castanhas Doces,
 Roscas de Amêndoa,



RESENDE

Cavacas da Adozinda Caldas de Aregos
 Sweets:

Cavacas de Resende (forno de lenha, ovos caseiros) método tradicional



AMARANTE

Confeitaria da Ponte - Amarante
 Sweets:

Lérias, Papos de Anjo,
 Brisas do Tâmega,
 Foguetes, Barquinho de S.Gonçalo



SANTO TIRSO

Confeitaria Moura Jesuítas Sto Tirso
 Sweets:

Jesuítas de Santo Tirso (folhado com glacê),
 Pastéis de Nata,
 Bolos secos



Booking

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