

# Regional Snacks Route

## 4 Days

Between Wines, Cheeses, and Hams:  
A Journey into the Soul of Portuguese Tradition



# Snacking Portugal: Four Days of Authentic Flavors, Customs, and Landscapes

The interior of Portugal is a true sanctuary of flavors, traditions, and customs, where gastronomy reflects centuries of cultural identity.

On this four-day itinerary, we travel through the regions of Porto, Minho, Douro, Dão, and Serra da Estrela, exploring the richness of authentic wines, unique cheeses, and artisanal sausages and hams.

Here, snacking isn't just about eating: it's about savoring a cultural heritage that unites tables, stories, and people.

Universe invites you to reimagine your immersion, transforming each tasting into a sensory experience, and each landscape into a living memory of the Portuguese gastronomic soul.

At Universe, Travel Never Ends, it makes experiences eternal, on sensory itineraries steeped in tradition and history.





## 01 Day Porto and its Snack Traditions

Morning - Tour of the historic center and visit traditional grocery stores such as A Pérola do Bolhão and Mercaria do Bolhão, famous for their selection of sausages, cheeses and wines, including a visit to the Bolhão Market.

Lunch - Typical restaurant (Ribeira), known for its sausages, cheeses, and regional dishes.

Afternoon - Visit to a Port wine cellar in Gaia for a guided tasting.

Visit to a regional wine cellar for a tasting of Portuguese cheeses (Serra, Azeitão, São Jorge) with a glass of Port wine.

Accommodation and dinner at the Hotel Palácio do Freixo.





## 02 Day Viana Region and Ponte de Lima

Morning - Travel to Viana do Castelo, with a visit to the Historic Center and a traditional grocery store selling local cheeses and hams.

Next, visit Ponte de Lima, strolling through the historic center, shops selling regional goods, sausages, wine, and cheeses.

Lunch - Regional restaurant in Ponte de Lima, with traditional dishes and convent desserts.

Afternoon - tasting of premium Vinho Verde wines, accompanied by artisanal sausages, at the Adega Cooperativa de Ponte de Lima.

Accommodation and dinner at Carmo's Boutique, with elaborate regional cuisine and a candlelit dinner and tasting of regional wines





## 03 Day Mirandela Region Vila Real and Régua

Morning - Departure to Mirandela, the capital of alheira, with a tasting at a local bakery and grocery store in the historic center.

Continue to Vila Real, visit the Municipal Market, known for its Transmontano cheeses and Bísaro pork sausages.

Lunch: Typical restaurant in Vila Real with regional and traditional foods.

Afternoon - Travel to Régua, visit the Douro Museum and a shop selling regional items.

Lodging at the Hotel Casa da Pacheca, Wine House Hotel, with a wine dinner and regional products, and a Douro wine tasting with cured cheeses and Transmontano ham.





## 04 Day Guarda, Viseu and Serra da Estrela

Morning - Travel to Serra da Estrela, visit artisanal cheese factories in Guarda to taste the famous Serra da Estrela DOP cheese.

Tasting of mountain sausages (chorizo, black pudding, and farinheira).

Lunch - Typical mountain meal in a regional restaurant accompanied by local wines.

Afternoon - Continue to Viseu, the heart of the Dão region, with a visit to the Solar do Vinho do Dão.

Tasting of elegant high-altitude wines (Touriga Nacional, Encruzado) with Beira-style ham and regional sausages.

End of the day

Return to Porto.

An exclusive itinerary that reveals the interior of Portugal as a sanctuary of flavors, traditions, and customs, where each tasting is a journey into the cultural soul of the country.

Playbook – 4-Day Itinerary: Wines, Cheeses, and Sausages of Portugal

Day 1 – Porto: Traditional Flavors and Port Wine

Morning - Stroll through Porto's historic center. Visit traditional grocery stores (A Pérola do Bolhão, Mercaria do Bolhão) and the Bolhão Market.

Lunch - Typical restaurant in Ribeira, specializing in sausages, cheeses, and regional dishes.

Afternoon - Visit to a Port Wine Cellar in Gaia with a guided tasting.

Visit to a regional winery in the historic center to taste Portuguese cheeses (Serra, Azeitão, São Jorge) paired with Port wine.

Dinner & Overnight - Accommodation at the Palácio do Freixo, an icon of Porto on the Douro River.

Day 2 – Viana do Castelo & Ponte de Lima: Vinho Verde and Minho Gastronomy

Morning - Travel to Viana do Castelo: visit the historic center and a traditional cheese and ham grocery store.

Continue to Ponte de Lima: stroll through the historic center and shops selling regional goods.

Lunch - Regional restaurant in Ponte de Lima, serving Minho dishes and convent desserts.

Afternoon - Tasting of premium vinho verde wines accompanied by artisanal sausages at the Ponte de Lima Cooperative Adega.

Dinner & Accommodation at Carmo's Boutique Hotel, with a dinner featuring elaborate regional cuisine, a candlelit experience, paired with Vinho Verde wines.

Day 3 – Mirandela, Vila Real & Régua: Alheira, Transmontano Cheeses, and Douro Wines

Morning - Departure for Mirandela, the capital of alheira, with a tasting at a local bakery and grocery store.

Continue to Vila Real, visit the Municipal Market (Transmontano cheeses and pork sausages).

Lunch - Typical restaurant in Vila Real, featuring regional cuisine.

Afternoon - Travel to Peso da Régua, visit the Douro Museum and a shop selling regional items.

Dinner & Accommodation at Hotel Casa da Pacheca – Wine House Hotel, with a wine dinner featuring regional products, paired with Douro wines, cured cheeses, and Transmontano ham.

Day 4 – Serra da Estrela & Viseu: Serra Cheese and Dão Wines

Morning - Travel to the city of Guarda near Serra da Estrela to visit artisanal cheese factories for a tasting of Serra da Estrela DOP cheese and a tasting of local sausages: chorizo, black pudding, and farinheira.

Lunch - A typical mountain meal at a regional restaurant, accompanied by local wines.

Afternoon - Continue to Viseu, the heart of the Dão region, with a visit to the Solar do Vinho do Dão, where you can taste elegant high-altitude wines (Touriga Nacional, Encruzado) paired with Beirão ham and regional sausages.

Return to Porto.



# Roteiro dos Petiscos 4 dias 3 noites

## 3070,00 Euros - preço por pessoa

### O que está incluído

Transfer privado do aeroporto para o hotel à chegada.

Transporte privado com motorista-guia durante os 4 dias do roteiro.

Alojamento de 3 noites em hotéis 4 ou 5 estrelas, para uma pessoa , incluindo pequeno-almoço diário em quarto duplo e época baixa.

Acompanhamento 24h por profissional especializado.

Viagem em viatura confortável e climatizada, com combustível e portagens incluídos.

### O que não está incluído

Despesas pessoais com almoços, jantares, bebidas e extras de carácter individual.

Entradas em museus, monumentos, provas de vinhos ou petiscos, ou experiências opcionais.

Serviços não mencionados especificamente no programa.

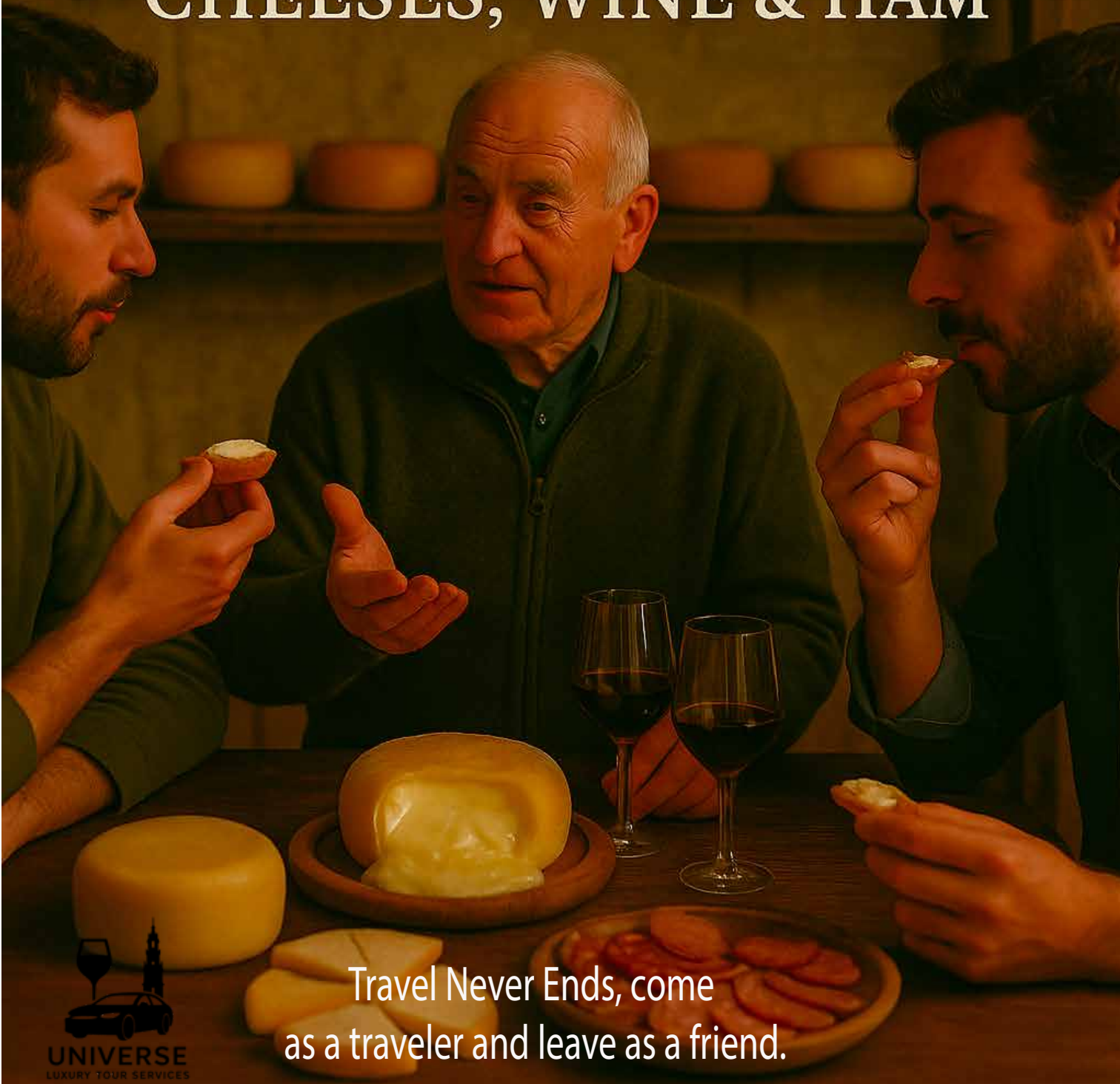




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# TASTING TOUR

## CHEESES, WINE & HAM



Travel Never Ends, come  
as a traveler and leave as a friend.