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Explore nosso Universo

Southern Route from Porto Conventual Sweets Ref. 25404



Here is what we offer in this program; it is just a suggestion. Although some tours may not be available on certain days, there may be other alternatives within the scope of the program theme, ensuring if necessary an alternative, always the best experience during your visit.

Description

This 10-hour circular tour departs Porto and heads towards central Portugal, with stops in Aveiro, Penacova, Tentugal, and Coimbra, on a journey dedicated to the rich convent sweets of the central region. It's a route that combines tradition, heritage, and flavor, through centuries-old recipes that originated in monasteries and convents.

The first stop is in Aveiro, known for its canals and the iconic ovos moles, a convent sweet made of egg yolk and sugar, served in wafers or in small wooden barrels. Local confectioners also offer other specialties such as "castinhos de ovos" (egg chestnuts) and "ragens" (rageous pastries), ideal for a sweet start.

Continuing on, the route passes through serene landscapes until reaching Penacova, where the famous Lorvão pastries, created in the Lorvão Monastery, combine the richness of almonds with the touch of egg yolks. It's a delicacy with an intense flavor and delicate texture, which represents the region's monastic legacy.

The next stop is Tentugal, a true sanctuary of convent sweets. The legendary Tentugal pastries, made with thin, hand-stretched dough and filled with eggs, are a masterpiece of Portuguese pastry. Here, you can visit specialized shops and learn about the artisanal production process.

The tour ends in Coimbra, a city of students and also of sweet tradition. Santa Clara-a-Nova and the Celas Monastery gave rise to sweets such as arrufadas, barrigas de freira, and almond meringues. The return to Porto is made with the palate and soul sweetened by a day of intense convent heritage.

Sweets



Discover the most authentic conventual sweets of Portugal on one of the most memorable routes between Aveiro, Penacova, Tentugal, and Coimbra. In Aveiro, indulge in the iconic Ovos Moles, molded in artistic wafers.

Continue to Penacova and Lorvão, where Pastéis de Lorvão and Nevadas preserve centuries-old secrets from the local monastery. In Tentugal, the ultra-thin pastry and golden filling of the famous Pastéis delight even the most discerning palates. End in Coimbra with the noble Cruzios, Pastéis de Santa Clara, and Arrufadas. A sensory and cultural experience where tradition, faith, and flavor come together in every bite, perfect for lovers of history and gastronomy.

Region



Aveiro, Penacova, Tentugal, and Coimbra reveal the charm of central Portugal, blending tradition, scenery, and culture. Aveiro, the "Portuguese Venice," enchants with its canals, colorful moliceiro boats, and the famous ovos moles. Penacova dazzles with viewpoints over the Mondego River and trails winding through mountains and valleys. Tentugal, a village renowned for sweets, is famous for its traditional pastries and convent heritage. Coimbra, the former capital of the kingdom, pulses with history through its World Heritage University, the Joanina Library, and the unique fado of Coimbra. These places offer a rich portrait of the Portuguese soul, with peaceful rivers, ancient wisdom, and warm hospitality.

Route

PORTO
AVEIRO
TENTUGAL
COIMBRA
PORTO
- Approx. 300 km
- 10h trip

Departure from Hotel
8am Estimated Arrival
6pm at Hotel

Price

Price per person:
453€ For 1 person
239€ For 2 people
165€ For 3 people

FOR GROUPS WITH MORE THAN 4 PEOPLE PLEASE CONSULT

Prices refer only to transport with a private guide, meals and drinks are not included, please consult the booking conditions on the website

AVEIRO

Confeitaria Peixinho Aveiro Sweets:

Ovos Moles de Aveiro
Tripas de Aveiro,
Fios de Ovos



PENACOVA

Pastelaria O Mosteiro de Lorvão Sweets:

Pastéis de Lorvão (amêndoa e canela),
Nevadas, Morgados,
Lampreia de Ovos



TENTUGAL

Pastelaria André em Tentugal Sweets:

Pastéis de Tentugal (massa ultra-fina e recheio de ovos),
queijadas conventuais



COIMBRA

Pastelaria Briosa Coimbra Sweets:

Doçaria conventual,
Cruzios, Pastéis de Santa Clara,
Arrufadas, Nevadas,
Manjar Branco, Amêndoa de Coimbra



Booking

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